

**QUICKLY 立即** 稳定饭后血糖  
STABILISE BLOOD SUGAR LEVEL AFTER MEAL



IMPROVE BLOOD SUGAR LEVEL IN

**3 WEEKS**  
3 星期 改善空腹血糖

EFFECTIVELY  
MANAGE WEIGHT IN

**1 MONTH**  
1 个月 达到体重管理

(资料来源 / Source: Ngondi, J.L., Oben, J.E. & Minka, S.R. 2005. The effect of Irvingia gabonensis seeds on body weight and blood lipids of obese subjects in Cameroon. Lipids in Health and Disease 4:12.)

**Trim+**

Botanical Beverage Mix Guava with Mango

番石榴与芒果混合植物饮料

享瘦·糖

? **WHY CHOOSE**  
为什么选择享瘦·糖

**Trim+**

- ✦ Helps lower blood sugar level after meals and during empty stomach
- ✦ Maintains insulin balance, helps prevent diabetes
- ✦ Maintains a stable blood sugar level
- ✦ Helps control body weight, improves body fat and reduces abdominal fat
- ✦ Antioxidant and anti-inflammation, helps prevent chronic diseases
- ✦ Improves blood lipids composition, helps prevent cardiovascular diseases
- ✦ 帮助调节饭后血糖及空腹血糖
- ✦ 维持胰岛素平衡, 可预防糖尿病
- ✦ 维持血糖稳定
- ✦ 帮助控制体重, 减低体脂肪、腰围和臀围
- ✦ 抗氧化及抗发炎, 预防慢性疾病
- ✦ 降血脂, 预防心血管疾病

**RECOMMENDATION 建议使用**  
One sachet daily (Add in 100 ml of water)  
每天食用一包 (加入100毫升的水)

**STORAGE 储存方法**  
Store in cool dry place of room temperature  
Avoid exposure to direct sunlight  
存放在常温干凉处, 避免阳光暴晒

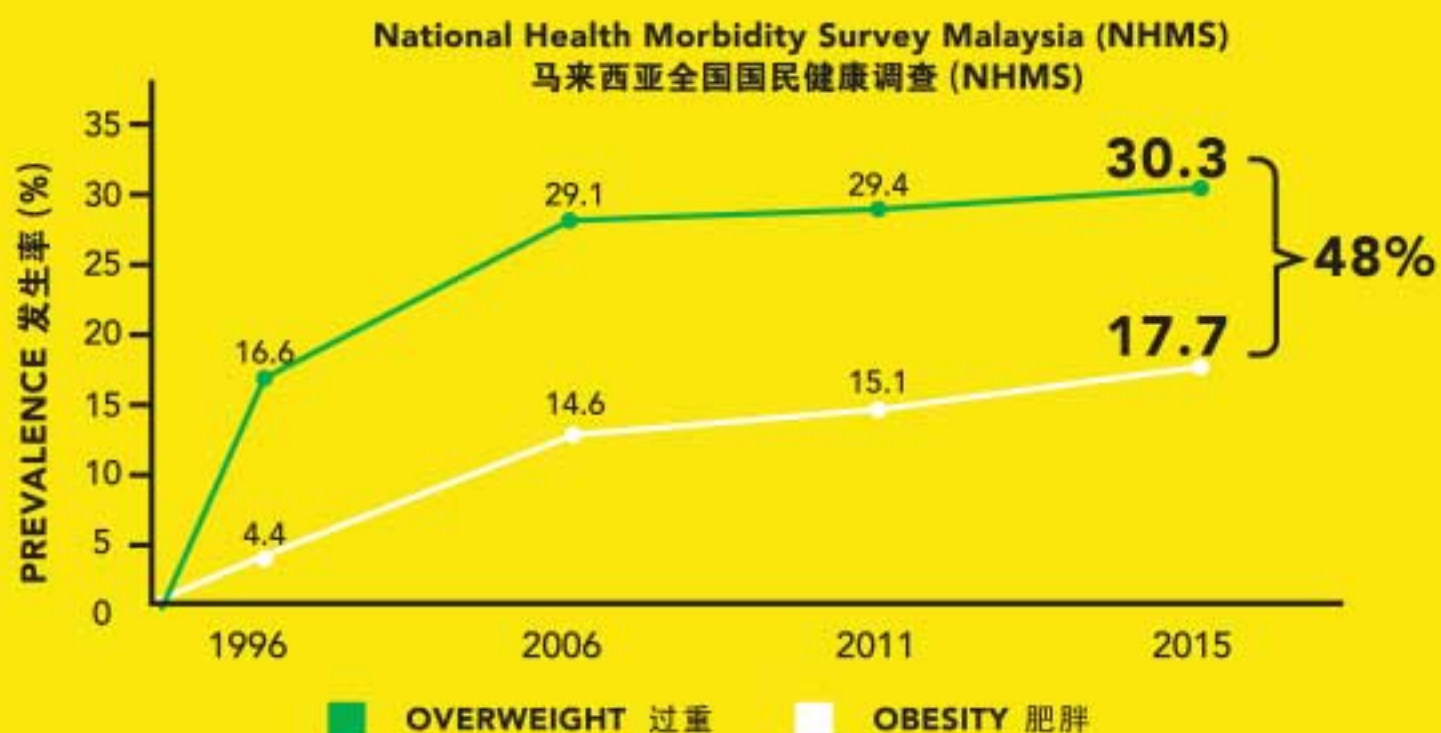
**CAUTION 注意事项**  
Women who are pregnant, breastfeed, sensitive or consuming any form of medication should consult with healthcare professionals before consuming this product.  
孕妇, 哺乳, 敏感或服用任何药物者在食用前应咨询医疗保健专业人士的意见。

Lose Sweetness • Gain Fitness  
血糖稳一稳 • 身材Fit—Fit



According to a survey, more than half of the top ten most frequently eaten foods by Malaysians are high in carbohydrates. 报告显示，马来西亚人民十大最常吃的食物当中有一半以上都是高碳水化合物。

Source: Malaysian Adult Nutrition Survey 2014 资料来源：马来西亚成人营养研究2014



Report shown that around **48% of adults are suffering from overweight and obesity problems nationwide.**

报告指出，全国有**48%的成人有超重和肥胖问题。**

### WHAT CAUSES OBESITY? 什么原因会导致肥胖问题?

The lack of exercise and excessive intake of foods loaded with refined sugar and high starch content are the main factors that cause overweight and obesity. Excessive sugar will be converted into fats and store in the abdomen that leads to the formation of central obesity. 缺乏运动以及过量摄取精制糖和淀粉食物是其中造成超重和肥胖的主要原因。过多的糖分会被转换成脂肪囤积在腹部，形成中央肥胖。

### WHAT HARM DOES HIGH SUGAR LEVEL BRING? 高血糖会带来什么危害?

The long-term state of high sugar level can cause chronic diseases, for example, Type 2 Diabetes. Control of blood sugar levels can effectively help bring an end to the root cause of hyperglycemia. 血糖长期处于过高的状态也会造成慢性疾病，例如第二型糖尿病。控制血糖波动可以有效的帮助解决问题根源。

### HOW TO MANAGE YOUR WEIGHT? 如何控制您的体重?

Trim+ contains 3 major ingredients, it utilizes advanced technology to extract the patented active ingredients in foods that can effectively inhibit the starch from digesting the enzymes, which help reduce the breakdown and absorption of sugars. Provide significant effect on weight management and blood sugar regulation in the human body to prevent chronic diseases. 享瘦·糖含有三大成分，采用高科技技术萃取食物专利活性成分，有效抑制淀粉消化酵素，减少糖类分解以及吸收，对体重管理和调节血糖有帮助，进而达到预防慢性疾病的功效。



#### PATENTED GUAVA FRUIT EXTRACT™ 芭乐幼果萃取物™

- Blood glucose regulation 血糖调控
- Anti-inflammation & antioxidant 抗炎&抗氧化
- Upregulate Glut4 gene expression (Nutrigenomics) 刺激Glut4基因表达(基因营养学)



#### PATENTED PEANUT SKIN EXTRACT® 花生膜萃取®

- Inhibit the digestion of starch 有效减少糖类分解
- Regulate blood sugar 帮助调节血糖
- Reduce waist lines and body weight 有助于减少腰臀围及减重



#### IRVINGIA GABONENSIS 非洲芒果

- This mango contains [Dika Nuts] that are rich in fats and fiber which helps to suppress appetite. 此芒果含有一种特别的果实，麦隆人称为「Dika Nuts」，含有高量的油脂及膳食纤维，可帮助抑制食欲。



#### PIPERINE® 胡椒素®

- Contains more than 95% of piperine which helps to increase the absorption and transportation of water soluble vitamins, amino acids, minerals and trace elements. 含有95%以上的胡椒碱，有助于增加水溶性维生素、胺基酸、矿物质、微量元素的吸收及运输。



**2012 BRONZE MEDAL 铜牌**  
Tokyo World Genius Convention (Patented peanut membrane®) 日本东京世界创新天才会议暨发明展 (专利花生膜萃取®)

**2013 GOLD MEDAL 金牌**  
International Exhibition of Inventions Geneva in Switzerland (Patented peanut membrane®) 瑞士日内瓦国际发明展 (专利花生膜萃取®)



MAIN INGREDIENTS 主要成分